**Background information**

**Eileen Adamson - Your Money Sorted**

Eileen is a Scottish teacher and money coach, with 3 grown-up children, living in South West Scotland, where she enjoys an active, outdoor lifestyle with her husband. Your Money Sorted is her personal finance blog and money coaching business, focusing on empowering UK based professional women to take control of their money and their future.

As co-host and money coach on BBC Radio Scotland’s “Clever About Cash” podcast and contributor to the Money Surgery on “Mornings, with Kaye Adams”, Eileen is an experienced radio broadcaster.

Accolades

Shortlisted for “Best Personal Finance Blog” at the UK Money Bloggers Awards in 2018 and for “Best Finance Blog” at the UK Blog Awards in 2019, Eileen, and her Your Money Sorted brand, are well respected in the money blogging world.

Experience

With a background in education and nearly 30 years’ teaching experience, Eileen is an encouraging and supportive coach, empowering women to live calm, happy and abundant lives, by helping them to find the time, money and motivation to succeed. Much of her work focuses on working with UK based female teachers, helping them to become happier, healthier and wealthier.

Topics of particular interest are:

* Personal Finance
* Money Mindset
* Financial Coaching
* Financial Education for adults and children
* Financial Wellbeing
* Creating financial security

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